COMMISSION ON SECURITY AND COOPERATION IN EUROPE

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RUSSIANS IN ESTONIA: PROBLEMS AND PROSPECTS

A REPORT PREPARED BY THE STAFF OF THE COMMISSION ON SECURITY AND COOPERATION IN EUROPE

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PREFACE

In summer 1991, the Helsinki Commission examined the situation of Russians in Estonia, in the form of a chapter of a larger report on national minorities in the CSCE context.¹ The present report is essentially an update, and was occasioned by the most significant event affecting the status of Russians in Estonia since the country regained its independence in September 1991. In February 1992, Estonia passed a law that restored citizenship only to citizens of the interwar Estonian Republic and their descendants. Consequently, the great majority of Estonia's Russians, most of whom came to Estonia after its forcible incorporation into the Soviet Union in 1940, did not automatically become citizens of Estonia and could not vote in the country's first national election after the restoration of its independent statehood, held on September 20, 1992.

Estonia's citizenship law and the resultant exclusion of about 40 percent of the resident population from voting elicited from Russians, both inside and outside Estonia, charges of discrimination and human rights violations. Russian government officials and parliamentarians protested Estonia's treatment of Russians in international forums, in the media, and in Washington and other Western capitals. Considering their allegations of human rights violations, the Helsinki Commission sent two staffers to Estonia to talk to Russians and Estonians and study the situation on the ground before the election and on election day. Their primary mission was *not* to observe the election per se and this is not an election report; in fact, the Commission believed that the Estonian election authorities were quite capable of organizing free and fair elections. Rather, the Commission hoped to examine the reasons for, and possible consequences of, Estonia's deliberate decision not to give citizenship and the vote to some 40 percent of the population.

The following is a report of the Commission staff's investigation. Their research and conclusions are based on interviews and discussions conducted in Tallinn, Kohtla-Jarve, Sillamae and Narva. The last three cities are in northeast Estonia and are mostly populated by Russians.

Note: The word "Russians" in this report, unless otherwise qualified, refers to the non-Estonian portion of the population and therefore includes not only Russians (some 90 percent of non-Estonians, and therefore about 30 percent of the population), but also Ukrainians, Jews, and many others of non-Estonian nationality. Often called "the Russian-speaking population," most of them do not know Estonian or know it poorly. The amount of time they have spent in Estonia varies; some came decades ago, some a few years ago.

The Commission would like to express its appreciation to the Ambassador and staff of the U.S. Embassy in Tallinn for their excellent support and cooperation.

¹ See Commission on Security and Cooperation in Europe, *Minority Rights: Problems, Parameters, and Patterns in the CSCE Context*, pp. 85-97.



SUMMARY

- Comprising about 40 percent of the population, most Russians came to Estonia after its forcible incorporation into the Soviet Union. Since 1988, many of them have been nervous about their rights, as Estonia asserted its sovereignty and then openly came out for independence. The February 1992 citizenship law passed in newly independent Estonia denied these Russians automatic citizenship and voting rights, although Estonia has offered non-citizens quite liberal procedures for obtaining citizenship through naturalization. The issue of the status of Russians came to prominence when Estonia scheduled its first free parliamentary elections for September 1992, at a time when most Russians, even had they applied and fulfilled all the requirements, would not have been able to acquire citizenship and to vote.
- The failure to grant Russians automatic citizenship has elicited charges, especially from the Russian government and legislature, that Estonia has violated the human rights of its Russian-speaking population. Helsinki Commission staff visited several cities in Estonia's heavily Russian-populated northeast region to gauge the mood of the population and to observe the election.
- Some Russians deeply resented being unable to vote, and Russians generally would have preferred to receive the option of automatic citizenship. At the same time, most Russians are clearly more focused on economic issues. They were more worried about possible unemployment and rising prices than about voting in this election. Even Russian ex-communist municipal authorities in Narva, who had previously emphasized inter-ethnic relations as the main cause of tension, acknowledged that economic issues are paramount for their constituents.
- There is, however, a link between the Russians' status as non-citizens and their economic anxieties. Especially troubling for them is the lack of clarity about the rights of non-citizens: will they be able to work, get their pensions, buy and sell their apartments and dachas, and participate in privatization? To allay some of these fears, Estonian law already stipulates that non-citizens will enjoy the same economic benefits as non-citizens, although non-citizens will not be allowed to own land under proposed privatization plans.
- Commission staff members were also struck by the widely held belief among Estonia's Russians -- both ordinary people and the local political elite -- that they and their concerns are being manipulated by politicians in the Russian capital. Nevertheless, even if some in Moscow hope to benefit from continuing tension in Estonia, Russia's leadership apparently does not wish to see serious trouble, much less a Trans-Dniestria-type situation. Russian troops are quietly being removed from Estonia, even while the negotiations on their removal are stalled. If influential politicians in Moscow do not try to aggravate interethnic relations in Estonia, that country would have a much better chance of building good relations with Russians, both at home and abroad.

- Despite predictions of trouble arising from Russian resentment over being denied the vote, the Estonian elections held on September 20, 1992, came off without any violence, demonstrations or disruptions. Voters elected a new, center-right, 101-seat parliament that will choose between the two presidential candidates who won the most popular votes.
- Estonia's newly-elected parliament (Riigikogu) now must deal with the "Russian question." Everyone faces unavoidably tough economic times in the transition to a market economy. But the parliament must legislatively ameliorate, if not remove, the sources of anxiety for Russians: clarifying some still undeveloped procedures for obtaining Estonian citizenship, and specifying and guaranteeing both political and economic rights of non-citizens. Estonia must also develop programs to teach Estonian to non-speakers, which has been done inconsistently up to now. Integrating the Russians into Estonia will be a vital long-term project essential to political stability, economic development and forging goodneighborly relations with the gigantic Russian Federation.

BACKGROUND

The Citizenship Law

Aspects of the history of the Russian presence in Estonia were addressed in the Commission publication *Minority Rights: Problems, Parameters, and Patterns in the CSCE Context.* As noted in that report, much of the Russian community was already dissatisfied with the 1989 Estonian language law, which required that persons employed in responsible public positions be able to speak Estonian by 1993.

After Estonia declared sovereignty and it became clear that the country's ultimate goal was the full restoration of its independence, the issue of "who will be a citizen of Estonia?" came to the fore. The question was not resolved until Estonia regained its independence, and the answer was a compromise between a minority (obviously, mostly Russian) of legislators favoring blanket citizenship (the "zero variant") for all residents, and Estonian nationalists who did not wish to see any citizenship law passed until after a new, freely chosen, i.e., post-Soviet, National Assembly had been elected.

As adopted by the Supreme Council, the Law on Citizenship is based on Estonia's 1938 Law on Citizenship, with amendments as of June 16, 1940, and an accompanying resolution on implementation of February 26, 1992. Accordingly, persons who were citizens as of June 1940 or their direct descendants are eligible for immediate citizenship. Citizenship may also be granted to persons who "provide particularly valuable service to the national defense or society of the Republic of Estonia or who are widely known for their talents, knowledge or work."

Persons who moved to Estonia after 1940 are eligible to apply for naturalization under the following conditions: 1) two year residency beginning March 30, 1990 -- the day that Estonia declared its intention to restore statehood; 2) knowledge of the Estonian language; 3) acceptance of an oath of loyalty. Ineligible for naturalization are: 1) active duty foreign military personnel; 2) persons employed by the USSR security and intelligence services; 3) persons without a legal source of income.

Following application for naturalization, the applicant must reside an additional year in Estonia, in effect creating a further one-year "waiting period." It is this one-year waiting period, during which the legislature decided to hold the presidential and parliamentary elections, that created much of the controversy over "second class citizenship" and "human rights violations."

Adding to this concern is the fact that the specific language requirements have not been determined by the Estonian government. The conventional wisdom is that knowledge of about 1,500 words will be required. (Note: although specific language qualifications for naturalization have not been formulated, the professional language examination prescribed

under the above-mentioned Estonian Language Law has, according to a number of sources, been allowed to be used as a substitute for some applicants.)

Throughout the visit, Commission staffers got the impression that procedures for obtaining citizenship, if not entirely clear in statute, may be even less clearly applied in practice. In one case, a naturalized Russian and self-taught Estonian speaker did not know upon what grounds he had received his certificate of citizenship -- passing the professional language test or his "services to the Estonian republic." According to Estonian city officials in Kohtla-Jarve, as of August 1, 1992, 53 persons had received certificates of citizenship through naturalization, but no one was sure on what basis, or how many persons had applied. This uncertainty is not helped by the rumor mill and some elements of the Russian language press, which, according to local sources, assiduously reports every rumor of alleged chicanery in application of the language requirements for Russians.

Despite these problems, as of June 28, 1992, when Estonian citizens voted in the referendum on the constitution, about 6,000 non-citizens had applied for naturalization. Participants in the referendum were also asked whether these applicants should be enfranchised for the elections, but they voted down the idea.

Since the provisions of the citizenship law could allow many Russians to acquire citizenship by March 1993, permitting them to vote in the next parliamentary election scheduled for 1995, Estonia's next parliament could theoretically reflect the country's actual demography, with some 40 percent of the legislators of "Russian" background. The question arises, therefore, why Estonia -- facing that theoretical possibility -- decided, in effect, to disenfranchise 40 percent of its population and stand accused of human rights violations, when all that might be gained would be a few years of a virtually all-Estonian parliament.

Estonians officials have offered several answers to that question. First, after 50 years of Soviet occupation, Estonia is now reconstituting its independent statehood, and its 1938 citizenship law therefore had to be reintroduced. Moreover, in reestablishing their statehood, the Estonians were determined to control events, make the rules and not yield to the *faits accomplits* of demography changed by decisions made in Moscow. One other reason was the painful legacy of 1940, and the manner of Estonia's entry into the USSR: Estonia "voted" in fraudulent elections to enter the USSR with Soviet troops standing at the ready to ensure the desired outcome, and Estonians did not want to give Russians the vote while Russian troops are still in Estonia.

THE VISIT

The Setting

Five major coalitions, three smaller groupings and two separate parties fielded candidates for the 101-seat parliament (National Assembly). The distribution of seats in the National Assembly is according to a fairly complicated individual and "party list" system, somewhat similar to the Finnish system.

There were four candidates for President: Arnold Ruutel, former Communist Party chairman of the Estonian SSR, leading a "Secure Home" coalition dominated by former factory managers and Party officials; former Prime Minister Lennart Meri, supported by both the conservative "Pro-Patria" coalition and right-leaning social democratic "Moderates"; Tartu University (and formerly University of California at Irvine) professor Rein Taagepera, heading the "Popular Front" ticket associated with former Prime Minister Edgar Savisaar; and, former political prisoner Lagle Parek, the nominee of the Estonian National Independence Party, considered the most conservative (or radical, by some observers) of the major factions.

A Presidential candidate needed over 50 percent of the popular vote to win. Otherwise, the Parliament selects one of the top two contenders.

Although the Estonian-Russian ethnic issue received prominent coverage in the foreign press -- both the *New York Times* and the *Washington Post* published articles earlier indicating that ethnic Russians in Estonia were being relegated to second-class citizen status -- it did not play a major role in the campaign. Interestingly, some of Isamaa's strongest support came from Russian businessmen appreciative of the party's business-oriented, free market approach to economics. The "Popular Front" was somewhat stigmatized by claims that Edgar Savisaar had tried to maneuver the citizenship law to include a large segment of the Russian community, and thus expand the Popular Front's voting base.

Most of the election debates centered around the direction of Estonia's economic revival -- whether, in the words of one veteran Estonia-watcher, the nation would go "bourgeois" or "social welfare." Estonian authorities were aware of the threats of violence in the northeast, but were determined not to be intimidated into retreating.

Parek herself had indicated that she had no particular desire to become President, but had agreed to lead the National Independence Party ticket on behalf of the party's National Assembly candidates. Taagepera at one point told voters that they could choose any of his rivals over him, except for Ruutel.

A few days before election day, candidate Meri was challenged by charges that his father had been a KGB informer, and that Meri himself had written paeans to Marxist-Leninism. These charges seemed to have little bearing on the election campaign, however, in a country facing severe economic hardship.

Meetings

The Russian non-vote

Commission staffers met with a variety of Estonian government and non-government officials and individual members of the Russian-speaking community to gauge their attitudes toward the upcoming elections and the citizenship issue. While there was a consistency in many of the observations and complaints, there was much less homogeneity in opinion than might have been expected.

Moreover, there are significant sociological and political differences among the three major Russian-ethnic urban centers of the northeast -- Narva, Sillamae, and Kohtla-Jarve -- to say nothing of busy, Westernized, half-Russian, half-Estonian Tallinn. One experienced observer suggested that Kohtla-Jarve, with its deteriorating industries, 80-20 percent Russian-Estonian ethnic mix, newly-minted youthful police force and high crime rate, presented a more volatile situation than Narva, where, for all their headline-grabbing intransigence, city officials take seriously their ability to keep the city under control.

Some Russians, particularly representatives of the Russian Democratic Movement in Tallinn who had supported Estonian independence, were angry at the denial of citizenship and disenfranchisement (in northeast Estonia, few Russians make a pretense of having supported Estonian independence). The vast majority of those interviewed, however, were less concerned about the elections than they were about their economic prospects for the approaching winter, the "uncertainty" of their future status, and that of their children, than voting in Sunday's elections. Even Narva city officials made it clear that they were much more concerned about the economic situation than the September 20 vote (although in an apparently symbolic protest, Estonian flags did not fly on election day in Narva, as required on a national holiday). All agreed, however, that if the Estonian government did not resolve the citizenship issue promptly, and with the expectation of a worsening economic situation, tensions would surely increase.

As for learning Estonian, some respondents expressed willingness to take lessons, but "we haven't had any motivation"; others seemed to cling to the hope that some sort of arrangement would spare them the necessity. In Sillamae (3 percent Estonian population, with 500 eligible voters out of a population of 21,000) city officials claimed that the entire Russophone police force would be dismissed as of February 1, 1992 if the language law stayed unchanged. In many of Kohtla-Jarve's city enterprises, while Estonian

language courses were being offered, "lots of people study, but lots drop out." The officials reported rumors that requirements for persons over 65 would be dropped.

An interesting note was sounded by a naturalized ethnic Russian who had received citizenship for "services to the Estonian Republic." He drew attention to the fact that while many observers focus attention upon elderly Russians who cannot speak Estonian and probably never will, few consider the plight of elderly Estonians in the northeast who are expected to survive in a Russophone society.

Questioned about possible secessionist sentiment in the northeast, city officials in Sillamae claimed that this notion was thought up by Tallinn to discredit the Russian political leadership in the northeast in the eyes of the Estonian population. As far as Moscow's support for their plight, "we are just being exploited by Moscow," they declared. Anger against Moscow was also expressed by a city official in Narva who described futile attempts to obtain from bureaucrats in Moscow's economic and trade ministries licenses to permit the import of raw materials for factories.

Russian citizenship movement

Approximately 14,000 Russians living in Estonia have taken advantage of a Russian citizenship law that allows individuals to become Russian citizens simply by signing a form affirming the acceptance of Russian citizenship and turning it in to a Russian Embassy or Consulate. The leader of this movement stated that many Russians had taken this step in view of paragraph 5 of the Russian Citizenship law that obliges Russia to "protect" (pokrovitelstvovat') citizens abroad. He said that while little protection had emerged from Moscow, the administration of St. Petersburg mayor Sobchak was allowing Russian students from Estonia to continue their free education in St. Petersburg. The interlocutor did not discount the threat of violence if the economic situation continued to worsen.

The Russian "Generation Gap"?

Representatives of the Estonian National Independence Party (considered the most "hardline" on Russians), suggested that contrary to conventional wisdom, the older and middle generations of Russians are not as hostile to Estonian citizenship as is supposed. Many of them have developed roots in Estonia and have learned some Estonian. The younger Russians, by contrast, usually thought to desire citizenship in a Western-oriented Baltic state, consider Estonians and the Estonian language an inconvenience, with citizenship too much trouble to acquire. In fact, given their commercial interests, the second language they want to learn is English.

More on Moscow

A former Estonian government minister expressed the view that Moscow is controlling events in the northeast, and has told the leadership there to "sit tight" for the time being, since Russia needs Western foreign assistance. When Russia regains its economic health, he predicted, things will heat up in the northeast. He maintained that the recent precipitous drop in the value of the ruble means that the Russian government is still spending huge amounts on the arms industry.

Election Day, September 20, 1992

Commission staffers visited four polling places in northeast Estonia, two closer to Tallinn (northwest), and one in Tallinn itself. As noted previously, Commission staffers were less concerned with actually monitoring the election process than to gauge the mood both of Estonian voters and Russians in the area.

Predictions of violence in Narva turned out to be completely unfounded. Voting at a large central polling place (there were four in the city) was orderly, while outside, non-voting residents went on about their business. There was no indication of strengthened security measures.

Some voters were hopeful that their candidate(s) would make a difference. Others were less optimistic, but felt obliged to take part in their country's first truly free multiparty elections in post-Soviet Estonia. Asked about the attitude of their Russian neighbors toward not being able to vote, most confirmed that it was of little import compared to their economic plight, and that "we are all suffering, all of us."

Polling places featured a separate table for representatives of the local Citizens Commission. Individuals who had not responded to the nationwide census/citizenship mailing in June and had therefore not been registered to vote, could, with documentation proving citizenship eligibility, fill out the registration cards and vote. In one polling place, the applicant's word was sufficient. "If we check and find out he wasn't telling the truth, we'll cross him off the list," said the Commission representative. In Tallinn, the applicant was required to go to the Citizenship office and secure a specific permission slip.

Results

Incomplete election tallies for president gave Arnold Ruutel approximately 42 percent of the vote, Lennart Meri 30 percent, Rein Taagepera 24 percent, and Lagle Parek 4 percent. Since no candidate gained over 50 percent, the selection of either Ruutel or Meri will be decided in the National Assembly, scheduled to open on October 5.

The National Assembly elections produced a clear shift to the right (i.e., free market, "bourgeois") from the previous legislature. Secure Home gained 17 seats, while the Popular Front received 14, Fatherland gained 30, Moderates won 12, and the Estonian National Independence Party got 10. Two smaller parties, the Estonian Citizens Party and the Royalists, will have 8 deputies each. The Green Party and the Entrepreneur Party each will have one deputy. The Fatherland, Moderate, and National Independence Party are expected to lead a center-right coalition that, together with a handful of deputies from smaller parties and factions, will probably elect Lennart Meri President.

OUTLOOK

Estonia's election took place in an orderly and peaceful manner, despite the exclusion of some 40 percent of the population. Predictions in Estonia, Moscow and Washington that Russian anger about exclusion from the election would flare up into disruptions proved unfounded. However resentful Russians may have been about not being able to vote, they did not take to the streets or try to sabotage the voting.

The successful election of a new parliament itself creates new realities that affect the situation of the Russian minority. Estonia now has a lawmaking body that can address the most critical issues facing the country, as opposed to the previous lame duck legislature. Moreover, the longstanding division between the Supreme Council and the Congress of Estonia, and their competing claims of legitimacy, are ended. At least as far as Estonian society is concerned, an authoritative representative body has been established to take independent Estonia towards a fully functioning democracy.

Estonia's new parliament is certainly to the right of the legislature elected in 1990. But all Estonian parliamentarians and citizens cannot fail to understand the political realities of their demography and geography: Russian-speakers constitute about 40 percent of the population, and Estonia cannot create a modern, democratic country, achieve political stability and develop good, cooperative relations with neighboring Russia without addressing the Russian question. Actual resolution of the problem might take a long time, but there is much that Estonia can do in the short term to facilitate integration of its Russian minority.

The New Estonian Parliament and the "Russian Question"

Based on the complaints and concerns voiced to Commission staff by Russians in Tallinn, Narva, Sillamae and Kohtla-Jarve, the new Estonian parliament must address, first and foremost, the anxiety of people unsure of their social and economic status and the equality of their rights. The sources of their anxiety are numerous, but they result from a generalized uncertainty occasioned by the breakup of the Soviet Union and the sudden irrelevance of assumptions by which they had lived most of their lives. Accustomed to thinking of themselves as "Soviet citizens," able to speak Russian all across the territory of

the former USSR, and guaranteed employment and social services, they now must adapt to greatly changed circumstances.

If Russians continue to maintain these assumptions, the Estonians can do little to assuage their fears or their wounded pride. Newly independent Estonia will not budge on its sovereign right to run its own affairs, including the right to decide who can be a citizen, and insisting that citizens know at least some Estonian. Nor can Estonia's government and parliament spare the population, regardless of nationality, the pains of transition to a market economy, which involve ending subsidies, higher prices and the possibility of losing one's job. But the prevalence in the Russian-populated northeast of giant, outmoded industries that may well go bankrupt and cause large-scale unemployment lends a national tinge to economic change that could have serious political consequences.

Nevertheless, there is much that Estonia can do, both in terms of atmospherics and concrete legislation, to reassure the Russians. Estonia has not yet passed a law on the status of non-citizens; such legislation, laying out rights and responsibilities, and guaranteeing equality of economic rights, could have a greatly reassuring effect.

Russian concerns about the language requirements of the Estonian citizenship law -- reportedly, knowledge of 1,500 words -- may seem unwarranted and unjustified. But for older people or those not gifted at languages, learning even 1,500 words can seem daunting. Even more important is the absence of established procedures for passing the language requirement. Exactly how many and what kind of words applicants must know is unclear. Commission staff heard many complaints about this from Russians, who also worried that bureaucrats administering the test would demand knowledge of details of Estonian culture or find some other arbitrary means of flunking them.

Moreover, Estonia has not developed a program for teaching Estonian to non-speakers. Teachers, textbooks and facilities are either lacking or in short supply. Russians have been complaining about this since the January 1989 passage of Estonia's language law (which should not be confused with the language requirements of the citizenship law). From some Russians, especially those in Inter-Movement, the complaints were of dubious sincerity, but Estonians concede that much needs to be done in this regard. Especially in the northeast parts of the country, where relatively few Estonians live, Russians have limited opportunities outside a structured program to assimilate Estonian.

Estonia will also need a channel of communication with the Russians. In June, Russian organizations met in Narva and decided to try to form a Representative Assembly within the framework of the Estonian government to articulate general concerns of noncitizens. The Supreme Council rejected the idea, fearing the emergence of a parallel legislative body. But Estonia's parliament should have some means of listening to a large percentage of the population that has practically no parliamentary representation. Other-

wise, there is a danger that less diplomatic ways could be found of gaining the attention of policymakers in Tallinn.

Estonia's Russians and the "Estonia Question"

Reaching out is a two-way street. While Estonia must try to integrate its Russian minority, the Russians must come to grips with the changed situation and make some fundamental decisions. Only about a year has passed since Estonia and the other Baltic states regained their independence. But since at least 1988, a sector of the Russian population has actively opposed greater Estonian sovereignty and independence, through Inter-Movement and other organizations. Throughout, they charged that Estonia's 1989 language law and other legislation establishing Estonian sovereignty violated their human rights, and they appealed for support among the general Russian community, whose members, they claimed, were becoming second-class citizens. The turmoil of the period and the relatively recent restoration of Estonian independence help explain the ambivalence of some Russians towards the new situation, their uncertainty and their failure—or refusal—to accommodate themselves to the changes. In fact, there are certainly forces in Estonia and Moscow which still hope that Estonia and the other Baltic states will yet return to a reconstituted USSR or some sort of confederation; Russian politician Vladimir Zhirinovsky is only the most notorious example of this school.

It is very important to point out that despite a general tendency to treat Estonia's "Russians" as a monolithic bloc, they are actually a very fragmented community. Not all resisted or opposed Estonia's independence, not all cannot speak Estonian, not all want to be Estonian citizens. What unites those who did not receive the option of automatic citizenship is anxiety about the future and the desire that their rights be assured. But all individuals will have to make some tough choices, based on what they think is best for themselves and their families.

The most important question confronting Russians is: do they want to become loyal citizens of Estonia, with all that implies? It was clear to Commission staff that many Russians had not yet made that decision. One Russian associated with the municipal authorities in Sillamae -- who bitterly complained about Estonia's refusal to grant Russians the option of automatic citizenship --acknowledged that he did not know whether Estonian citizenship or Russian citizenship would be best for him and his family, and that even if Estonia had offered the option of automatic citizenship, he was unsure whether he would have accepted it.

Russians will have to weigh the options and choose between acquiring Estonian citizenship or accepting Russian citizenship. But those Russians who choose the latter and live in Estonia as permanent residents, as opposed to citizens, cannot then complain about not having voting rights. In fact, while unable to vote at the national level, non-citizens will be permitted to run and vote in upcoming local elections.

Similar considerations apply to the language issue. As mentioned above, Estonians concede major shortcoming in efforts thus far to teach non-speakers Estonian. But the language law that specifies how much Estonian must be known by those working in the state sector and particular professions that involve contact with the public was passed in *January 1989*. Almost four years have passed, yet few non-Estonians have apparently made the effort. As several Russians told Commission staff in Sillamae, "we need motivation." The best motivation would be a genuine desire to be part of an independent Estonia.

Moscow and the Russian Question in Estonia

Russia acquired the Baltic region in the early 18th century, and Russian leaders have always viewed it as strategically important, offering access to the Baltic Sea, Scandinavia and northern Europe. In the last year, negotiations between the independent Baltic states and Moscow over withdrawal of Russian troops have gone slowly, with Moscow reluctant to cede this strategic point. Russian politicians have explicitly linked troop withdrawals to alleged human rights violations in the Baltic States, and Russia's Defense Minister has stated that Russia's military forces will defend the rights of Russians outside Russia. Many suspect, therefore, that loud complaints in Moscow about the Baltic states arise from strategic and political, rather than human rights, considerations.

It is difficult to speak these days of "Moscow" in any terms other than geographical: politically, there is no unity even among government officials, much less among political parties. Thus, while President Yeltsin has taken a relatively moderate stance towards the Baltic states, other high-ranking Russian government officials, such as Vice-President Rutskoi, and many parliamentarians have adopted very strident approaches and accused the Balts, especially Estonia and Latvia, of severe human rights violations. Russian mass media have played up this angle, with an endless stream of stories and broadcasts about Baltic discrimination against Russians. The Russian Supreme Soviet scheduled an extraordinary session on September 20, the same day as Estonia's elections, to discuss economic sanctions against Estonia if it did not give Russians citizenship and the vote. Russian Foreign Minister Kozyrev on September 22 even suggested that United Nations trusteeships were needed in some former Soviet republics, especially Estonia and Latvia, to guarantee human rights.

Given the compactness and density of Russian settlement in northeast Estonia, Estonians have for some time feared that the region might try to secede, with Moscow's overt or covert assistance. The bloody confrontation in Moldova's Trans-Dniestria region last summer heightened these fe'ars, especially since municipal authorities in Narva have threatened to hold a referendum on the city's status.

Based on what Helsinki Commission staff heard and saw in Tallinn and Narva, that scenario appears unlikely at the moment. Russian troops are quietly leaving Estonia, even without an agreement or timetable on withdrawal, and municipal authorities in Narva seem

to have shelved their referendum plans. Still, that could change, if powerful forces in Moscow decide to raise the temperature of Estonian-Russian relations. If, on the other hand, Moscow has really decided not to play the Baltic card, it could promote the development of improved relations between Estonians and Russians in Estonia, and between Estonia and Russia, by not exaggerating charges of human rights violations, toning down the rhetoric in the media, ceasing to threaten -- explicitly and implicitly -- Estonia's sovereignty, and removing Russian troops.